



Received: March 21, 2026
Accepted: May 18, 2026
Published: May 22, 2026

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Soil Fertility and Earthworms: Enhancing Agricultural Sustainability through Biological Activity

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ABSTRACT

Soil fertility is a critical component for sustainable agricultural productivity, influenced by physical, chemical, and biological factors. Among soil biota, earthworms play a pivotal role in enhancing soil fertility through their burrowing, feeding, and casting activities. This article reviews the multifaceted contributions of earthworms to soil health, focusing on nutrient cycling, soil structure improvement, and microbial interactions. Earthworm activity promotes nutrient mineralization, organic matter decomposition, and soil aggregation, leading to increased availability of nitrogen, phosphorus, and other essential nutrients for plants. The ecological functions of earthworms as ecosystem engineers and their synergistic relationships with soil microorganisms underscore their importance in agroecosystem management. Understanding these processes can inform sustainable agricultural practices that optimize earthworm populations and thereby improve soil fertility and crop yields.

KEYWORDS: Soil, Earthworm, Fertility, Agriculture, Biological activity

1. INTRODUCTION

Soil fertility, defined as the soil's capacity to sustain plant and animal productivity, maintain environmental quality, and support human health, is foundational to agriculture (Parikh & James, 2012). However, modern intensive farming practices, including excessive tillage and chemical fertilizer use, have degraded soil quality globally by reducing organic matter and disrupting soil biota (Hartemink et al., 2008). Soil organisms, particularly earthworms, are recognized as vital contributors to soil fertility due to their ability to modify soil physical structure, enhance nutrient cycling, and stimulate microbial activity (Edwards & Bohlen, 1996).

Earthworms are often termed "ecosystem engineers" because their biological activities transform soil environments, facilitating nutrient availability and improving soil conditions for plant growth (Jones et al., 1994). They occupy diverse ecological niches and are present in most soils worldwide, except in extreme environments such as deserts and polar regions. Their burrowing creates macropores that improve aeration and water infiltration, while their digestion and casting processes accelerate organic matter decomposition and nutrient release (Bhadoria & Saxena, 2010). This article synthesizes current knowledge on the role of earthworms in soil fertility, emphasizing their impact on nutrient dynamics, soil structure, and microbial interactions.

2. EARTHWORM ECOLOGY AND FUNCTIONAL GROUPS

Earthworms are classified into three ecological groups based on their feeding and burrowing habits: epigeic, endogeic, and anecic (Lavelle et al., 2004). Epigeic species inhabit the soil surface and

feed primarily on leaf litter and organic residues without significant burrowing. Endogeic earthworms live within the mineral soil layer, constructing horizontal burrows and ingesting a mixture of soil and organic matter. Anecic species create permanent vertical burrows and feed on surface litter pulled into their burrows.

These ecological groups contribute differently to soil processes. Anecic earthworms enhance vertical mixing of organic matter and nutrients, endogeic species promote horizontal soil mixing and aggregate formation, and epigeic worms accelerate surface litter decomposition (Brown et al., 2000). Collectively, their activities influence soil physical properties, nutrient availability, and microbial habitats.

3. EARTHWORM CONTRIBUTIONS TO SOIL FERTILITY

3.1 Soil Structure and Physical Properties

Earthworm burrowing improves soil porosity, reduces bulk density, and enhances water infiltration and retention, which are essential for root growth and microbial activity (Aina, 1984). The creation of stable soil aggregates through the binding of soil particles with earthworm mucus and casts increases soil structural stability (Coq et al., 2007). These biogenic structures facilitate gas exchange and water movement, creating favorable conditions for plant roots and soil microorganisms.

3.2 Nutrient Cycling and Availability

Earthworms accelerate nutrient cycling by fragmenting organic residues, incorporating them into the soil, and enhancing microbial decomposition (Edwards & Arancon, 2022). Their gut

processes mineralize nutrients such as nitrogen (N), phosphorus (P), potassium (K), calcium (Ca), and magnesium (Mg), making them more available to plants (Bhadoria & Saxena, 2010). Earthworm casts typically contain higher concentrations of plant-available nutrients compared to surrounding soil (Lavelle et al., 2004).

Nitrogen mineralization is particularly enhanced by earthworms through direct effects on microbial communities and indirect effects via increased soil pH and aeration (Bhadoria & Ramakrishnan, 1996). The presence of nitrogen-fixing bacteria in earthworm guts and casts further contributes to soil N enrichment (James, 1991). Similarly, phosphatase activity in casts increases phosphorus availability, which is crucial for energy transfer in plants (Kuczak et al., 2006).

3.3 Microbial Interactions and Humification

Earthworms influence soil microbial communities by ingesting and redistributing microorganisms, which proliferate in their gut and casts (Parthasarathi & Ranganathan, 2000). This interaction enhances the decomposition and humification of organic matter, leading to increased humic acid content and improved soil fertility (Sampedro & Whalen, 2007). Actinomycetes populations, important for humus formation, are enriched in earthworm guts and casts, facilitating nutrient cycling and metal chelation (Kristufek, 1993).

The gut microbiota composition varies among earthworm species and ecological groups, reflecting their diet and habitat (Knapp et al., 2009). These gut-associated microbial communities contribute significantly to earthworm metabolism and soil biochemical processes, emphasizing the symbiotic relationship between earthworms and microbes in soil ecosystems.

4. FACTORS AFFECTING EARTHWORM POPULATIONS AND SOIL FERTILITY

Earthworm abundance and activity are influenced by soil organic matter, texture, moisture, temperature, and pH (Ulrich et al., 2005). Organic matter serves as the primary food source, with higher earthworm populations found in soils rich in organic residues (Bhadoria & Saxena, 2010). Light to medium loam soils support greater earthworm densities compared to heavy clays or sandy soils (Hendrix et al., 1992).

Optimal soil moisture (60-70%) and neutral to slightly acidic pH (5.5 to 7.5) favor earthworm survival and activity (Randall et al., 2002). Extreme temperatures and soil compaction negatively impact earthworm populations, underscoring the need for conservation tillage and organic amendments to maintain favorable conditions (Kretschmar & Bruchou, 1991).

5. IMPLICATIONS FOR SUSTAINABLE AGRICULTURE

Incorporating earthworm-friendly management practices can enhance soil fertility and crop productivity while reducing reliance on chemical fertilizers. Conservation tillage, diversified crop rotations, and organic residue retention promote earthworm populations and their beneficial activities (Bhadoria & Saxena, 2010). Minimizing soil disturbance during peak earthworm activity periods (spring and autumn) further supports their ecological functions.

Author Contributions

Author conceived the concept, wrote and approved the manuscript.

Moreover, understanding earthworm-microbe interactions can guide the development of biofertilizers and vermicomposting techniques that harness natural nutrient cycling processes (Elvira et al., 1998). Such approaches contribute to sustainable land use, soil health restoration, and climate change mitigation.

6. CONCLUSION

Earthworms are integral to soil fertility through their roles in improving soil structure, enhancing nutrient cycling, and fostering beneficial microbial communities. Their ecological functions as ecosystem engineers make them indispensable allies in sustainable agriculture. Promoting earthworm populations via appropriate soil management practices can lead to improved soil health, increased nutrient availability, and higher crop yields. Future research should focus on the ecological impacts of below-ground casting species and the functional significance of earthworm gut microbiota to optimize their use in agroecosystem management.

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Acknowledgements

Not applicable.

Funding

Not applicable.

Availability of data and materials

Not applicable.

Competing interest

The author declares no competing interests.

Ethics approval

Not applicable.

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Citation: Amandeep Singh (2026) Soil Fertility and Earthworms: Enhancing Agricultural Sustainability through Biological Activity. Agron TIMES 1(1): 32-34.

